



Fortnightly Personal Therapy Group

Beginning Monday 14th Sept '09

Facilitated by Sue Parker Hall

(MSc, MBACP Swr. Accred)

Monday evenings - 6.00 - 7.30 at the

Blue Lotus Therapy Centre, Scorrier

£15 per session (6 places)

The group is for people who already have some experience of personal or professional self-development. It will offer a safe environment to support personal development through deepening relationships with self and others. You will be invited to identify personal goals and to be supported and support others in achieving those goals.

We will establish a specific group ethos when we first meet. However, you can assume that the culture will be non-judgemental and celebrate diversity and idiosyncrasy.

The group will be ongoing, over several years; participants are required to commit for six months at a time; initially for 12 sessions on Mondays -

- 6th & 20th September 2010
- 4th & 18th October 2010
- 8th & 22nd November 2010
- 6th & 20th December 2010
- 3rd, 17th & 31st January 2011
- 14th & 28th February 2011

Please don't hesitate to contact me if you would like more information.

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